HEAVILY MEDITATED LLC

YOGA • MEDITATION • MINDFULNESS-BASED WELLNESS

UEI: PZ3FQ3UKS8G6 | CAGE: 23W40 | INCORPORATED: 2020

17538 Valley City Ave, Spring Lake, MI 49456-1345

COMPANY OVERVIEW

Heavily Meditated LLC delivers accessible yoga and meditation instruction to support well-being, stress management, self-regulation, and mindful movement. Sessions are adapted to participant needs, age, mobility, setting, and agency objectives.

CORE CAPABILITIES

- Yoga instruction and guided movement
- Guided meditation and mindfulness practice
- Breath awareness and relaxation techniques
- Group and community wellness programming
- Inclusive instruction adaptable to varied abilities
- On-site or virtual delivery based on project needs






POPULATIONS & SERVICE ENVIRONMENTS

Veterans • Active-duty military • Incarcerated individuals and correctional settings • Senior citizens • Community centers • Students ages 13+ • Public-sector wellness initiatives

COMPANY & CONTRACTING INFORMATION

Business Type: LLC	**Year Incorporated: 2020**	**Primary NAICS: 611699**
UEI: PZ3FQ3UKS8G6	**CAGE Code: 23W40**	**Additional NAICS: 713940, 812990**

CERTIFICATIONS

SBA U.S. Small Business Administration — **WOSB CERTIFIED**

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